

Project Completion Report

LEDP tailoring training programme

Submitted to
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1. Executive summary: The project titled Livelihood and Enterprise Development Programme LEDP for SHG members, sponsored by NABARD, Bangalore was implemented in seven villages of Madhugiri taluka of Tumkur district. The tailoring training for SHG members were started during December 2021 and completed on February 2022. The project has benefited 90 Women SHG members in seven villages. Training in tailoring and embroidery skill was imparted in four batches in their own villages. This has helped us to provide effective training and building skills of women members.

It was an 18 days training and covered topics like-introduction to elementary sewing machine, tools, stitches based on the type of cloths, innovative designs, garments making, uniforms making, girls dress making, boys and adults dress making, minor repairs and maintenance, business opportunities and employment opportunities etc. Training sessions were conducted from 10 am to 4pm.

Analysis of the training was carried out and it was found that out of the 90 women who have attended training, 57 women (63%) have started the tailoring activities on their own- they have purchased sewing machine and started the business and earning additional income, 4 women (5%) have got better employment opportunities in garment factories and earning good income compared to baseline situation, while 16 women (18%) wanted refresher training (additional training) and 13 women (14%) did not start due to no support from family members.

By and large, the training programme has helped the women to know their potential for learning and making changes in their lives. It has inculcated the idea of entrepreneurship and business mind set and leadership qualities. It has impacted the lives of over 61 women who have started to earn additional income from training inputs. The project gave us an opportunity to help the needy women for improving their livelihoods, building skills and capabilities.

2. Introduction: The NABARD- LEDP Tailoring Skill training was conducted for women SHG members from Jakkenahalli, Shivanagere, Thippanahalli, Sodenahalli, Gutte Balehalli and Singaravuthanahalli villages of Madhugiri taluka of Tumkur district. It was an 15-17 days programme organized with the financial support from NABARD Bangalore, under LEDP training programme. AVISHKAR, Tumkur has organized the programme with the involvement of women SHG members. The training programme was conducted in four batches in different villages such as Jakkenahalli, Thippanahalli and Sodenahalli villages from 14.12.2021 to 26.02.2022. Totally 90 women SHG members have participated from the seven villages of Madhugiri taluka of Tumkur district.

2.1. Objective of the training programme;

- The objective of this skill training programme is to build the capacity of the SHG members for their economic development and improved livelihoods
- To encourage the SHG members to up-grade their skills through tailoring training programme
- To encourage the members for self-reliance for income and build courage for their sustainable development

3. Basic data:

Sl.No.	Description	Remarks
1	Title of the project	Livelihood and Enterprise Development programme (LEDP) for matured SHG members.
2	Sponsored by	NABARD, Bangalore
3	Implemented by	AVISHKAR, Tumkur
4	Duration	Two years
5	Date of initiation	14.12.2021
6	Date of completion	30.03.2024
7	Title of the report	Project completion report

4. Training venue and duration: This LEDP training programme was conducted in four batches for 15 to 17 days each. Dates and village wise detail is presented in the following table

Batches	Dates	Village
Batch- 1	14.12.2021 to 29.12.2021	Jakkenahalli
Batch- 2	31.12.2021 to 14.01.2022	Jakkenahalli
Batch- 3	24.01.2022 to 09.02.2022	Thippanahalli
Batch- 4	11.02.2022 to 26.02.2022	Sodenahalli

4.1. Course Content for Tailoring and embroidery training

SLNo	Topic	Sub topic
1	Orientation and introduction of common tools and workshop rules	<ul style="list-style-type: none"> - Development of an idea of tailoring - Types of tools - Care of tools/stores - Types of sewing machines and its operations - Parts of a machine and their functions - Types and size of needles, threads and buttons - Commercial entrepreneurship
2	Introduction to sewing machine	<ul style="list-style-type: none"> - Types of threads their size and application - Types of stitches - Materials used - Hand tools - Population
3	Introduction to sewing or peddling	<ul style="list-style-type: none"> - Introduction to elementary sewing machine and its use - Types of stitches according to materials - The sewing machine - Working and adjustment belt tension, repair and lubrication - Peddling - Family welfare

4	<ul style="list-style-type: none"> - Button holding - Terms used in tailoring 	<ul style="list-style-type: none"> Types of buttons - Stitches used - Tailoring - Tailor - Tailored - Tailor – made - Tailor – piece - Taint - How to read and use tape measure - Where to begin measurements according to the required garments - Stock, color and neck band sizes
5	Measurements, cutting out, trimming, marking up and fitting	<ul style="list-style-type: none"> - Collar styles - Stock chest - Waist size
6	Garments making and materials	<ul style="list-style-type: none"> - Girls uniform - Dress - Skirts - Blouse - Baby dress - Adult/men’s trouser all types - Women’s overall and apron all types - Fashion and types - Commercial entrepreneurship
7	Garments making and material	<ul style="list-style-type: none"> - Girls uniform - Dress - Skirts - Blouse - Baby dress - Adult/men’s trouser all types - Women’s overall and apron all types - Fashion and types
8	Garments making and material	Practical demonstration of stitching continued
9	Garments making and materials	Practical demonstration of stitching continued

4. 2.Training schedule and topics covered:

Day	Session	Topics covered
1 st day	10-30am to 1-30pm 02-30pm to 5-30pm	Inauguration, Introduction of trainees, About NABARD, LEDP programme and Importance skill training programme.
2 nd day	10-30am to 1-30pm 02-30pm to 5-30pm	Introduction of sewing machine, recognizing all parts and understanding and importance all the parts
3 rd day	10-30am to 1-30pm 02-30pm to 5-30pm	Information about cloth understanding cloth care to be taken while cutting, Drawing for cutting and demo on paper cutting.
4 th day	10-30am to 1-30pm 02-30pm to 5-30pm	Material & hand stitch – explain uses of materials hemming,button,holes,hooks and practical demonstration
5 th day	10-30am to 1-30pm 02-30pm to 5-30pm	How to take measurement prepare table for inches and Cm & demonstration for taking measurements
6 th day	10-30am to 1-30pm 02-30pm to 5-30pm	Operation of treadle sewing machine -Sewing Machines Different types of sewing machine i.e. Single needle, double needle, Button holer&tacker, overlock etc. uses and care of these machines (including oiling and cleaning)
7 th day	10-30am to 1-30pm 02-30pm to 5-30pm	Main parts & their function. Minor adjustment while operating sewing machine special attachments and their uses.
8 th day	10-30am to 1-30pm 02-30pm to 5-30pm	Practice of different types of seams like French seam, flat seam, felling seam, plain seam, pressed seam, necklines, plackets & collars.
9 th day	10-30am to 1-30pm 02-30pm to 5-30pm	Practice of various upper & lower body garments making patterns. Drafting of Basic Blocks pattern making of various patterns as per specification
10 th day	10-30am to 1-30pm 02-30pm to 5-30pm	Basic stitches and operations Stitches for dress making and decoration of dress, for dress making seams,

11 th day	10-30am to 1-30pm 02-30pm to 5-30pm	Measuring. Correct method of taking measurements for Normal and abnormal figures and how to record them
12 th day	10-30am to 1-30pm 02-30pm to 5-30pm	Sewing thread for dress Different sewing threads in number used for different making material and sewing needles.
13 th day	10-30am to 1-30pm 02-30pm to 5-30pm	Trimming materials for dress Different fastener used in dress making and various making parts of making hook, Zips, Buckle, Buttons.
14 th day	10-30am to 1-30pm 02-30pm to 5-30pm	Interaction with successful tailoring entrepreneurship for motivating the participants for taking up tailoring activity.
15 th day	10-30am to 1-30pm 02-30pm to 5-30pm	Valedictory function including training programme evaluation, sharing experiences and preparation of action plan

5. Impacts of LEDP project:

- Among the SHG members who have attended LEDP tailoring training programme participants, it was found that 63% of them have started the tailoring activity on their own- they have purchased sewing machine and started the business and earning additional income.
- After the LEDP training programme about 5 % of the trained participants have got better employment opportunities in garment factories and earning good income compared to baseline situation.
- About 18% participants have said that they are ready to start tailoring activity and requesting additional training to learn the designs and skills required to start the activity.
- About 14 % of participants told that they have not started the tailoring activity due to lack of co-operation from family members.

- After the LEDP skill training programme, the tailoring activity is continued to be the source of regular income for 43 women members and slightly improved living status as they have started to earn additional income.

6. Analysis of the LEDP tailoring training.

Sl.No	Description	Number of Participants	%
1	Purchased sewing machine and started tailoring activity	57	63
2	Got employment opportunity in garment units and nearby shops	4	5
3	Demand for further training (additional training)	16	18
4	No co-operation from family members to start tailoring activity	13	14

7. Participants: The participants attended this training programme were the women SHG members from Tumkur and Koratagere taluka of Tumkur district. Totally 90 participants have attended the training.

8. Training feedback from the participants:

- 83 % of the participants said that the objective of the training Programme was achieved.
- Tailoring skill training was informative and useful (43 % excellent, 57 % said good)
- Their opinion about resource persons was very good; they expressed that resource person having good experience in tailoring skills. (52 % said excellent, 48% said good)
- Food and accommodation provided for the participants were good (25% said excellent, 45% said good, 30% said normal)
- Majority of the participants have says that training was very good and it is very useful for women SHG members and useful for additional livelihood for tailoring activity
- Some of the participants have expressed that the duration of the training programme was not sufficient and they want to go for further more training.

9. Conclusion: It is concluded from the findings that tailoring training programme for women SHG members played a positive role for empowerment of the women especially in

the rural communities. It can be observed that majority of women SHG beneficiaries have empowered after attending the tailoring skill training. The positive change in their living status was slightly improved through especially in the women member who had started the tailoring activity and better employment opportunity in garments in nearby cities. After tailoring programme, the SHG members have expressed their confidence in tailoring as an income generation activity for economic development of women. The overall LEDP tailoring training programme was encouraging to women SHG members, they need at least additional 15 days training programme. It helps to upgrade their technical knowledge and improve the existing skills.

10. Case studies

CASE STUDY-2

Additional income LEDP tailoring training Programme

Meenakshi w/o Narasimharaju, Jakkenahalli village Madhugiri taluka of Tumkur district. She is a marginal farming family having one acre dry land. She has joined NABARD-LEDP tailoring training programme in her village under LEDP project and she learnt cuttings and different tailoring designs through active involvement in the training programme.

After the skill training programme she took loan from Dharmastala SHGs Rs. 12000 and purchased tailoring machine. Presently she earns Rs. 200 to 300/- per day. She is monthly earning around Rs. 5000 to 8000/-. The present situation at home has improved now. One child is getting better education and improved economic condition of the family through tailoring activity, she is able to transact in the banks and get loan for herself since SHG member. NABARD-LEDP project has empowered her and gained additional knowledge through skill training programme. She thanks to NABARD and AVISHKAR for organizing tailoring training programme in her village.



CASE STUDY-2

Improved quality of life through NABARD- LEDP tailoring training

Geethamma w/o Rangappa is a daily agriculture labourer having one acre land. She is doing as agriculture labourer in other lands for livelihood. She has been given Skill training in tailoring from the NABARD-LEDP project. After the training programme she took loan from SHG and purchased tailoring machine.

Presently she earns Rs.350/- per day. Except all expenses she saves Rs.5000/- per month. This year onwards she will have higher income and she has come forward to provide training for unemployed girls. The situation at home has improved now. Two children's are getting better education and improved economic condition of the family through tailoring programme, she thanks to NABARD and AVISHKAR team to organizing tailoring training programme in her village.



Case study-3

Triveni W/o Gurumurthy is a member of Gurukrupa NABARD SHG, Jakkenahalli village, of Madhugiri taluka of Tumkur district. She attended LEDP tailoring programme in her jakkenahalli village, after the training she approached to AVISHKAR for bank credit linkage. Canara bank sanctioned her bank loan Rs. 12000/- for purchase new tailoring machine. Presently she earns daily around Rs 250 to 500 /per day her leisure period additionally. Her monthly income from tailoring activity Rs 6000 to 9000. She is also doing agricultural laborer work for the free time. As the profit increased, she saved more money and bought two goats. Now she has three goats. The situation at home has improved now. Children are getting better education. She is able to transact in the banks and get loan for herself since SHG has empowered her.



Case study-4

Bhagyammaw/oPandurangappa marginal belongs to marginal family from Thiippanahalli village of Madhugiri taluka of Tumkur district. She works in agricultural laborer for livelihood. She actively attended NABARD- LEDP tailoring training programme in her village. After the training programme she acquired the new skills on cuttings and designs .Presently she earns Rs.300 to 400 /- per day. The income from the tailoring activity is approximately 7000 to 800 rupees per month. She is also doing agriculture work at field. As the profit increased, she saved more money and bought two goats. The situation at home has improved now through LEDP skill training programme, she feels very happy about organizing training programme and she says thanks to AVISHKAR team.



8. Photo gallery- LEDP skill training programme



4. Tailoring training programme at Sodenahalli village Madhugiri block

